



DR. RAM MANOHAR LOHIA AVADH UNIVERSITY, AYODHYA

Structure of Syllabus for the Program: M.A., Subject: PSYCHOLOGY

Structure of Syllabus Developed by			
Name of BoS Convener/BoS Member	Designation	Department	College/ University
Prof. Pranay Kumar Tripathi	Convener	Psychology	K.S. Saket P.G. College, Ayodhya
Prof. Shailendra Prasad Pandey	Member	Psychology	Sant Tulsidas P.G. College, Kadiपुर SultanPur
Prof. Mamta Sharma	Member	Psychology	L.B.S. P.G. College, Gonda
Prof. Rajendra Prasad Singh	Member	Psychology	M.G. K.V. P. Varanasi
Prof. R. N. Singh	Member	Psychology	B.H.U. Varanasi
Prof. O.P. Chaudhari	Member	Psychology	Shri Agrasen P.G. College Varanasi
Prof. Jagdish Singh	Member	Psychology	T.D. College Jaunpur
Prof. Udyan Mishra	Member	Psychology	L. B. S. P. G. College, Varanasi

Course Code		Course Title	Credits	T/P	Evaluation	
					CIE	ETE
A	B	C	D	E	F	G
SEMESTER I (YEAR I)						
A090701T	CORE	Foundations of Cognitive Psychology	5	T	25	75
A090702T	CORE	Research Methodology	5	T	25	75
A090703T	CORE	Classical Theories of Personality	5	T	25	75
A090704T	FIRST ELECTIVE (Subject Elective) (Select any one)	Biological Basis of Behaviour	5	T	25	75
A090705T		History of Psychology	5	T	25	75
A090706P	SECOND ELECTIVE (Subject Elective) (Select any one)	Practical	5	P	50	50
A090707P		Field Visit/ Project Presentation	5	P	50	50
SEMESTER II (YEAR I)						
A090801T	CORE	Cognitive Processes	5	T	25	75
A090802T	CORE	Experimental Design and Statistics	5	T	25	75
A090803T	CORE	Modern Theories of Personality	5	T	25	75
A090804T	THIRD ELECTIVE (Generic Elective) (Select any one)	Environmental Psychology	5	T	25	75
A090805T		Health Psychology	5	T	25	75

A090806P	FOURTH ELECTIVE (Subject Elective) (Select any one)	Practical	5	P	50	50
A090807P		Industrial Training/ Project Presentation	5	P	50	50
SEMESTER III (YEAR II)						
A090901T	CORE	Experimental Social Psychology	5	T	25	75
A090902T	CORE	Psychological Assessment	5	T	25	75
A090903T	CORE	Mental Disorders	5	T	25	75
A090904T	FIFTH ELECTIVE (Subject Elective) (Select any one)	Clinical Psychology	5	T	25	75
A090905T		Organizational Behaviour	5	T	25	75
A090906P	SIXTH ELECTIVE (Subject Elective) (Select any one)	Practical/Study Tour	5	P	50	50
A090907P		Project presentation/Test Construction	5	P	50	50
SEMESTER IV (YEAR II)						
A091001T	CORE	Applied Social Psychology	5	T	25	75
A091002T	CORE	Psychological Measurement	5	T	25	75
A091003T	SEVENTH ELECTIVE (Subject Elective) (Select any one)	Psychotherapeutic Techniques	5	T	25	75
A091004T		Human Resource Management	5	T	25	75
A091005P	RESEARCH PROJECT/ DISSERTATION	Major Research Project/ Dissertation	10	P	50	50



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Prof. Udyan Mishra	Member	Psychology	L. B. S. P. G. College, Varanasi

Course Code		Course Title	Credits	T/P	Evaluation	
					CIE	ETE
A	B	C	D	E	F	G
SEMESTER I (YEAR I)						
A090701T	CORE	Foundations of Cognitive Psychology	5	T	25	75
A090702T	CORE	Research Methodology	5	T	25	75
A090703T	CORE	Classical Theories of Personality	5	T	25	75
A090704T	FIRST ELECTIVE (Subject Elective) (Select any one)	Biological Basis of Behaviour	5	T	25	75
A090705T		History of Psychology	5	T	25	75
A090706P	SECOND ELECTIVE (Subject Elective) (Select any one)	Practical	5	P	50	50
A090707P		Field Visit/ Project Presentation	5	P	50	50
SEMESTER II (YEAR I)						
A090801T	CORE	Cognitive Processes	5	T	25	75
A090802T	CORE	Experimental Design and Statistics	5	T	25	75
A090803T	CORE	Modern Theories of Personality	5	T	25	75
A090804T	THIRD ELECTIVE (Generic Elective) (Select any one)	Environmental Psychology	5	T	25	75
A090805T		Health Psychology	5	T	25	75

M.A. I Sem

Core: Foundation of Cognitive Psychology

Unit: I

Cognitive approach to Psychology: Origin and Current status of cognitive psychology.
Assumption of Cognitive Psychology.

Unit: II

Attention: Concept, Type and Theories; **Perception:** Concept, Space, Time and Movement
Perception: Approaches to Perception.

Unit: III

Memory: Concept; Types of Memory: Working Memory, Semantic Memory, Episodic Memory, Procedural Memory, Eye-Witness Memory, Flash-Bulb Memory, Traumatic Memory, False Memory.

Unit: IV

Decision Making and Problem-Solving: Models and Theories; **Reasoning:** Concept and Types; Language and Thought

References:

- Matlin, M.W. (1995). *Cognition*, (3rd Edition). Prism Books Bangalore.
- Baddeley, A. D. (1997). *Human memory: Theory and practice*. Psychology press.
- Baddeley, A. D., Eysenck, M. W., & Anderson, M. C. (2009). *Memory*. New York, NY.
- Smith, E. E., & Kosslyn, S. M. (2007). *Cognitive Psychology: Mind and Brain* (International Edition).
- Best, J. B. (1999). *Cognitive psychology* (5th Ed.). Belmont, CA: Brooks/Cole, Wadsworth.
- Dember, W. N., & Joel, S. Warm (1979), *Psychology of Perception* (3rd Ed). New York: Holt
- Solso, R.L. (2001). *Cognitive Psychology* (6th Eds). Singapore: Pearson Education.
- Kellog, R.T. (1995). *Cognitive Psychology*. Sage Publication, Oaks.
- सिंह, ए० के०, (2017). *संज्ञानात्मक मनोविज्ञान* । एक्सोटिक इण्डिया प्रकाशन ।
- सिंह, आर० एन० एवम भारद्वाज, एस० एस० (2012). *उच्च प्रायोगिक मनोविज्ञान*. अग्रवाल पब्लिकेशन ।
- श्रीवास्तव, बी० आनन्द, वी० एवम आनन्द बी०. (2019), *संज्ञानात्मक मनोविज्ञान*. मोतीलाल बनारसीदास पब्लिकेशन ।

M.A. I Sem
Core: Research Methodology

UNIT: 1-

Psychological Research: Meaning, Nature and Characteristics. Major steps in Psychological Research, Research Problem, Hypothesis, Types of Psychological Research. Ethical issues in Psychological Research.

UNIT: 2-

Variable: Nature, Type and Control of relevant variable. Minimization of Error-Variance. Techniques of experimental manipulation, Relevant variables and their controls.

UNIT: 3-

Methods of Data Collection: Interview and Interview Schedule, Observation, Questionnaire, and Survey Methods.

UNIT: 4-

Sampling: Population and Sampling, Simple Random Sampling, Stratified Random Sampling, Cluster Sampling and Non-Probability Sampling- Quota and Purposive Sampling.

References:

- D'Amato, M. R. (1970). *Experimental psychology: Methodology, psychophysics and learning*.
- McGuigan, F. J. (1960). *Experimental psychology: A methodological approach*.
- Kerlinger, F. N. (1966). *Foundations of behavioral research*.
- त्रिपाठी, एल० बी० (2012). *मनोवैज्ञानिक अनुसंधान पद्धति*। राखी प्रकाशन
- कपिल, एच० के०. (2019). *अनुसंधान विधियाँ, व्यवहारपरक विज्ञानों में*। एच पी भार्गवा प्रकाशन।
- सिंह, आर० पी० एम भाटिया (2019). *आधुनिक सांख्यिकीय विधियाँ*, अग्रवाल पब्लिकेशन, आगरा।
- त्रिपाठी, जे० जी०. (2007). *मनोवैज्ञानिक अनुसंधान पद्धति*। एच पी भार्गवा प्रकाशन।
- सिंह, ए० के०. (2009). *मनोविज्ञान, समाजशास्त्र तथा शिक्षा में शोध विधियाँ*, मोतीलाल बनारसी दास पब्लिकेशन।
- श्रीवास्तव, डी० एन० (2020). *मनोवैज्ञानिक अनुसंधान एवं मापन*। श्री विनोद पुस्तक मंदिर प्रकाशन।

MA I Sem
Core: Classical Theories of Personality

UNIT: 1-

Personality: Nature and Scope, Various Theoretical Approaches to Personality. Determinants of Personality: Biological and Physiological, Psychological & Environmental.

UNIT: 2-

Eastern Personality Theory: Personality in Upanishads, The Sankhya Theory of Personality, Yoga Theory of Personality, Abhidhamm Theory of Personality. Comparative Study of Eastern and Western Theories of Personality.

UNIT: 3-

Psychodynamic Theory: Freud's Psychoanalytic Theory, Jung's Analytical Theory and Adler's Individual Theory.

UNIT: 4-

Neo-Freudian and Post-Freudian Approaches: Horney, Erich Fromm, Erikson and Sullivan.

References:

- Cloninger, S.C. (2012). *Theories of Personality*. Mc Grahill.
- Larsen, R.J. & Buss, D.M. (2013). *Personality Psychology*. Willey, New York.
- Fiest, J. & Feist, G.J. (2009). *Theories of Personality*. Mc Grahill.
- Cervone, D. & Lawrence, P.A. (2013). *Personality Psychology*. Wiley, New York.
- Hall, C.S., & Lindzey, G. (1970). *Theories of personality* (2nd Ed.) New York: John Wiley and Sons
- Ciccarelli, S. K., Misra, G., & White, J. N. (2006). *Psychology*. Pearson Education India.
- Schultz, D. P., & Schultz, S. E. (2016). *Theories of personality*. Cengage Learning.
- सिंह, ए० के० (2004). *व्यक्तित्व का मनोविज्ञान*। मोतीलाल बनारसी दास पब्लिकेशन।
- श्रीवास्तव, डी० एन०, (2004). *व्यक्तित्व मनोविज्ञान*, भार्गव प्रकाशन, आगरा।

M.A. I Sem

First Elective: (B) History of Psychology

Unit: I

The Origin of Scientific Psychology: The Pre-experimental Period.

Unit: II

The first century of experimental psychology: Weber, Fechner, Helmholtz, Wundt & Galton

Unit: III

The Schools of Psychology: Structuralism, Functionalism, Behaviourism, Gestaltism, Psychoanalysis, Cognitive revolution.

Unit: IV

Psychological Thought in Some Major Eastern Systems: Bhagvad Gita, Buddhism, Sufism & Integral Yoga. Science and Spirituality (Avidya & Vidya), the primacy of Self knowledge in Indian Psychology.

References:

- Woody, W. D., & Viney, W. (2017). *A history of psychology: The emergence of science and applications*. Routledge Publication.
- Thomson, R. (1993). *The Emergence of Psychology*.
- Leaby, T. H. (2017). *A history of Psychology (8th Eds.)* Routledge Publication.
- Chaplin, J.P. & Kroweic, T.S. (1967). *System and theories of psychology*. Holt, Rinehart & Winston Publication.
- Rao, K. R., & Paranjpe, A. C. (2016). *Psychology in the Indian tradition*. Springer India.
- सिंह, ए० के० (2013). *मनोविज्ञान के सम्प्रदाय एवं इतिहास*, मोतीलाल बनारसीदास प्रकाशन।
- शर्मा, जे० डी० (———). *मनोविज्ञान का इतिहास*।
- पाण्डेय, आर० पी० (———). *मनोविज्ञान का इतिहास*। राजकमल प्रकाशन

M.A. II Sem

Core: Processes of Cognitive Psychology

Unit: I

Methods of Cognitive Psychology; New Direction in Cognitive Psychology; Basic Input, attentional Process; Signal Detection Theory.

Unit: II

Perceptual Process: Visual Perception and Visual Information; Visual Sensory Memory, Laws of Organization; Perception of subjective contours; non-veridical perception, Role of motivation and learning in perception.

Unit: III

Memory Process: Encoding, Storage & Retrieval; Stages of Memory- Sensory, Short-Term, Long-Term; Semantic Integration; Approaches to working memory; Models of Memory, Memory improvement.

Unit: IV

Steps in Problem Solving; Insight and analogy; means end analysis, Expert and novice problem solver, improving problem solving. Algorithm & Heuristics in Decision Making; Reasoning and Judgment; Language Processes, Acquisition, comprehensive production.

References:

- Matlin, M.W. (1995). *Cognition*. Prism Book, Bangalore.
- Baddley, A. (1977). *Human Memory*. Psy Press, New York.
- Anderson, J. R. (2004). *Cognitive psychology and its implications*. Worth Publishers..
- Gallotti, K.M. (2004). *Cognitive Psychology*. Pearson Education
- Sternberg, R. J. (2009). *Applied Cognitive Psychology: Perceiving, Learning and Remembering*.
- Solso, R.L. (2001). *Cognitive Psychology*. Pearson education.
- Howard, D.B. (1983). *Cognitive Psychology*. New York: Mc Millan
- Schiffman, H.R. (1996). *Sensation and Perception: An integrated approach*. New York: John Wiley.
- Cohen, G., & Conway, M. A. (2007). *Memory in the real world*. Psychology press.
- सिंह, ए० के० (2017). *संज्ञानात्मक मनोविज्ञान / एक्सोटिक इण्डिया प्रकाशन*।
- श्रीवास्तव, बी०, आनन्द वी० एवम आनन्द बी० (2019). *संज्ञानात्मक मनोविज्ञान*, मोतीलाल बनारसीदास प्रकाशन, पटना।
- सिंह, आर० एन० एवम भारद्वाज, एस० एस० (2015). *उच्च प्रायोगिक मनोविज्ञान*, अग्रवाल पब्लिकेशन आगरा

M.A. II Sem
Core: Experimental Design and Statistics

UNIT: 1-

Research Designs: Meaning and purpose, within & between group designs: Single group and Single Subject design, Randomized group design, Matched group design.

UNIT: 2-

Factorial Design and Latin Square Design.

UNIT: 3-

Statistical methods in Experimental designs: Hypothesis testing: Chi-square test, t test, one way and two way analysis of variance.

UNIT: 4-

Advanced Correlation Method: Bi-serial correlation, point-biserial correlation, phi-coefficient and tetrachoric correlation.

References:

- Breakwell, G.H., Smith, J.A. & Wright, D.B. (2012). *Research Methods in Psychology*. Sage Pub.
- Elmes, D. et al., (2012). *Research Methods in Psychology*. Senage Learning.
- Bridget, S., Cathy, L. (Eds.). *Research Methods in Social Sciences*. Vistar Publication, New Delhi.
- Karlinger, F. N. (1973). *Foundation of Behavior Science Research*. Surjeet Publication Delhi.
- McGuigan, F. J. (1960). *Experimental psychology: A methodological approach*.
- Broota, K. D. (1989). *Experimental design in behavioural research*. New Age International.
- Tripathi, L. B. (2012). *Psychological Research Method*. Agra, HP Bhargava Book House.
- श्रीवास्तव, डी. एन. (2020). *मनोवैज्ञानिक अनुसंधान एवं मापन*, विनोद पुस्तक भवन।
- सुलेमान, एम. (2005). *मनोविज्ञान शिक्षा एवं अन्य सामाजिक विज्ञानों में सांख्यिकी*। मोतीलाल बनारसी दास पब्लिकेशन।
- कपिल, एच० के० (2011). *सांख्यिकी के मूल तत्व* (आठवाँ संस्करण)। अग्रवाल प्रकाशन।
- सिंह, आर० एन० एवम भाटिया, आर० एस० (2020). *आधुनिक सांख्यिकीय विधियाँ*। अग्रवाल पब्लिकेशन।

M.A. II Sem

Core: Modern Theories of Personality

Unit I

The Dispositional Approach: Allport's Trait Approach, Cattell's Trait Approach, Eysenk's Type Approach, Big-5 factor model of personality.

Unit II

Humanistic Approaches: Murray's Need Theory, Need for achievement- Maclelland-Atkinson Approach, Maslow's Hierarchical Theory of Human Motivation.

Unit III

Phenomenological Theory and Cognitive Theory: Kelly's Personal Construct Theory. Roger's Self Theory, Mischel's Cognitive-Behavioural Theory.

Unit IV

Radical Behaviourism of Skinner: Social Learning Theory, Miller and Dollard Theory, Rotter's Theory, and Bandura's Theory.

References:

- Hall, C. S., Lindzey, G., & Campbell, J. B. (1957). *Theories of personality* (No. 04; BF698, H3.). New York: Wiley.
- Barbara E. (2008). *Personality theory*. (8th Edition)
- Pervin, L. A. (1970). *Personality: Theory, assessment, and research*.
- Ciccarelli, S.K. & White, J.N. (2021). *Psychology* (5th Eds). Pearson India Educational Services Pvt-Ltd.
- अस्थाना, एम० एवम् किरणवाला (2002). *व्यक्तित्व मनोविज्ञान*, मोतीलाल बनारसीदास ।
- सिंह, ए० के० (2004). *व्यक्तित्व मनोविज्ञान*, मोतीलाल बनारसीदास ।
- श्रीवास्तव, डी० एन० (2004). *व्यक्तित्व मनोविज्ञान*, भार्गव पब्लिकेशन, आगरा ।

M.A. IInd Sem

Third Elective: (A) Environmental Psychology

Unit: I

Introduction: Nature, Scope, History and Focus of Environmental Psychology. Indian Perspective on Human-Environment Relationship.

Unit: II

Research Methods: Experimental, Simulation, Co-relational and Descriptive; Theories: Arousal, Experimental Load, Adoption Level, Ecological.

Unit: III

Environmental Perception and Cognition: Environmental Perception; Spatial Cognition; Environmental Values and Attitudes; Attachment and Identity; Appraisal and Assessment, Personal Space, Privacy and Territoriality.

Unit: IV

Environmental Stress and Health: Environmental Stress, Crowding, Noise, Overpopulation; Effects of Physical Environment on Health.

Unit: V

Weather and Climate issues: Disasters (Natural & Technological); Environmental risk perception; solution to environmental problems; saving environment.

References:

- Bell, P. A., Green, T., Fisher, J. D., & Baum, A. (2001). *Environmental psychology*. New Jersey.
- Gifford, R. (2007). *Environmental psychology: Principles and practice*.
- Winter, D. D., & Koger, S. (2004). *The Psychology of environmental problems (2nd Eds)*. Mahwah, NJ: Lawrence Erlbaum Associates.
- Koger, S. M. (2014). *The psychology of environmental problems: Psychology for sustainability*. Psychology Press.
- Jain, U. (1987). *The psychological consequences of crowding*. Sage Publications, Inc.
- Stokols, D & Altman, I., (Eds) (2000). *Handbook of environmental psychology*, New York: Wiley.
- तिवारी, पी० एस० एन० (2000). *पर्यावरणीय मनोविज्ञान*, मोतीलाल बनारसीदास प्रकाशन।
- नागर, जी० (2014). *पर्यावरणीय मनोविज्ञान*, अग्रवाल प्रकाशन, आगरा।

M.A. II Sem

Third Elective: (B) Health Psychology

Unit: I

Health and Well-being: Concept and Indicators; A brief history of health psychology; Goals of Health Psychology; Approaches to Health: Bio-medical, Psychological and Cultural.

Unit: II

Health Behaviour: Behavioral Factors in Health; Approaches to health behaviour change: Cognitive & Behavioural.

Unit: III

Health Problem and their cognitive representation: General and chronic Health Problems, Causal Factors and Explanations; Health Belief Systems; Changing Health Thought Belief and Attitudes, habits modification, exercise & diet.

Unit: IV

Stress and Coping: Conceptual models; Stress Born Health Problems; Coping Strategies, Pain Management.

Unit: V

Management of Health Problems: Preventive, Promotive and curative aspects of health; Choice of medicinal systems; Patient-Doctor Relationship; Treatment Adherence, Alternative Medicines.

References:

- Baum, A., Revenson, T. A., & Singer, J.E.. (2001). *Handbook of health psychology*. Psychology press.
- Estacio, E. V., Murray, M., & Marks, D. F. (2018). *Health psychology: Theory, research and practice*. *Health Psychology*, 1-832.
- Marks, F. D., Murray, M., Evans, B. K., & Willig, C. (2000). *Health psychology: Theory, research and practice*. New Delhi: Sage.
- Sarafino, E. P., & Smith, T. W. (2014). *Health psychology: Biopsychosocial interactions*. John Wiley & Sons.
- Taylor, S. E. (2015). *Health psychology*. McGraw-Hill Education.
- माथुर, एस० एस० एवम् माथुर ए० (2015). *स्वास्थ्य मनोविज्ञान*, अग्रवाल प्रकाशन, आगरा।
- दूबे, ए० एवम् शुक्ला, ए० (2022). *स्वास्थ्य मनोविज्ञान* / किताब महल प्रकाशन।

M.A. II Sem

Fourth Elective: Practical or Industrial Training/ Project presentation

List of Practicals-

1. Selective attention
2. Span of attention
3. Chunking
4. Set in perception/ problem solving
5. Planning experimental study: Based on one way ANOVA design
6. Planning experimental study: Based on two way ANOVA design
7. Non-parametric statistics (Any two from syllabus)
8. Multiple Regression Analysis
9. Cattells 16 PF Test
10. NEO-PI-R (FFI) Test
11. Thematic Apperception Test (TAT)/Rorschach Test
12. Environmental Stress
13. Environmental Perception
14. Spatial Cognition
15. Health Beliefs
16. Gender and Health
17. Pathogenic health habits

Note: Any one Practical from each Paper

M.A. III Sem

Core: Advanced Social Psychology

UNIT: 1-

Social Psychology and Experimental Social Psychology: Meaning, Nature, and Studying Methods- Laboratory Experiments and Field Experiments.

UNIT: 2-

Study of Interpersonal Processes: Person Perception, Interpersonal Attraction, and Conflict Resolution: Intergroup Conflict, Experimental Study of Sherif.

UNIT: 3-

Social Norms and Norm Formation.

UNIT: 4-

Conformity: Meaning and Theories, Conformity Occurrence, Group Pressure, Individual Factors, Situational and Experimental factors. Some Experimental Techniques of Conformity: Social Facilitation (Sherif), Asch Technique and Crutch Field Techniques, Cognitive dissonance.

References:

- Aronson, E., Wilson, T.D. & Asch, S.E. (1963). *Social Psychology*. Upper Saddle River, N.J. Prentice Hall.
- Sanderson, C.A. & Safdar, S.F. (2012). *Social Psychology*. McGraw Hill Publication.
- Myers, D.G.C. (2012). *Social Psychology*. John Wiley.
- Insko, C. A., & Schopler, J. (2013). *Experimental social psychology: Text with illustrative readings*. Academic Press.
- Baron, R. A., Branscombe, N. R., & Byrne, D. E. (2008). *Social psychology*. Pearson Education India.
- वैरन, आर० ए० एवं वायर्न, डी०। (2004). *सामाजिक मनोविज्ञान*, पियरसन पब्लिकेशन इण्डिया।
- सिंह, ए० के०। (2008). *समाज मनोविज्ञान की रूपरेखा*। मोतीलाल बानासीदास प्रकाशन।
- सिंह, आर० एन०। (2015). *सामाजिक मनोविज्ञान*। अग्रवाल पब्लिकेशन, आगरा।
- त्रिपाठी, एल० बी०। (2016). *आधुनिक सामाजिक मनोविज्ञान*। मोतीलाल बानासीदास प्रकाशन।
- सिंह, आर० एन० एवं भारद्वाज, एस०। (2022) *सामाजिक व्यवहार का मनोविज्ञान*। अग्रवाल पब्लिकेशन, आगरा।

M.A. III Sem
Core: Psychological Assessment

UNIT: 1-

Psychological Assessment: Nature and Purpose, Assessment, Evaluation and Testing, Principles of Assessment. Issues in Testing and Assessment.

UNIT: 2-

Psychological Testing: Nature, Present use, Construction of Psychological Test, Selection of Items, Item Analysis, Item Difficulty, Discrimination Power. Test Adaptation and Methods.

UNIT: 3-

Psychometric Evaluation and Standardization of Test, Reliability and Validity, Development of Norms.

UNIT: 4-

Application of Psychological Test, Testing and Assessment in Various Settings: Educational, Counselling and Guidance, Clinical, Organizational and Developmental.

References:

- Insk Anastasi, A. (2012). *Psychological testing* (6th Edition).
- Ciminaro, A. R. (1984). *Handbook of behavioural assessment*. New Yark.
- Bhargava, M. (2006). *Modern psychological testing and measurement*. Agra: HP Bhargava book house.
- Kaplan, R. M., & Saccuzzo, D. D. (2007). *Psychological testing: Principles, applications, and issues*. Cengage Learning.
- Gronlund, N. E., Linn, R. L., & Miller, M. D. (2009). *Measurement & evaluation in teaching* (Tenth edit).
- Asthana, B. (2000). *Measurement and evaluation in Psychology and Education*. Agra: Vinod Pustak Mandir.

M.A. III Sem
Core: Mental Disorders

Unit: I

Mental Disorders: Causes of Mental Disorders; Classification of mental disorders: ICD- 11 & DSM-5; Approaches to the study of mental disorders: Biological, Psychodynamic, Behavioural, Cognitive and Socio-Cultural.

Unit: II

Psychoneurosis: Generalized Anxiety Disorder, Specific Phobias, Panic, Obsessive-Compulsive Disorder, Trauma and Stress related Disorder, Dissociative Disorder.

Unit: III

Psychosis: Schizophrenia, Spectrum disorders, Paranoid Disorder, Mood Disorder & Suicide.

Unit: IV

Cognitive Disorder: Delirium, Dementia, Alzheimer, Neuro-developmental disorders: Attention-deficit/hyperactivity disorder, Autism Spectrum disorders, Specific Learning Disorder: Dyslexia.

Unit: V

Substance Related and Addictive Disorders: Alcohol use, Intoxication and Withdrawal, Tobacco use and withdrawal.

References:

- American Psychiatric Association (2013). *Diagnostic and statistical manual of mental disorders: DSM-5* American Psychiatric Pub.
- Barlow, D.H. & Durand, V. M (2016). *Abnormal psychology: An integrative approach* (7th Edition) Cengage Learning.
- Buss, A.H. (1999). *Psychopathology*. New York: John Wiley.
- Butcher, J.N., Mineka, S., & Hookey, J.M. (2017). *Abnormal Psychology*. Pearson Education India.
- Davison, G.C. & Neals, J.M. (1996). *Abnormal Psychology*. New Yourk: John Wiley.
- Sarason, I.G. Sarason, B.R. (2006). *Abnormal Psychology* (11th Edition) Delhi: Prentice Hall India.
- सिंह, आर० एन एवम अन्य (2008). *आधुनिक असामान्य मनोविज्ञान*, अग्रवाल प्रकाशन, आगरा।
- सिंह, आर० एन एवम अन्य (2013). *मनोविकृति के आधार*, अग्रवाल प्रकाशन, आगरा।

M.A. III Sem

Fifth Elective: (A) Clinical Psychology

Unit: I

Clinical Psychology: Introduction, Historical Background, Current Status of Clinical Psychology, Professional Problem, Clinical Psychology in India.

Unit: II

Goals of Clinical Psychology; Methodology: Observation, Numerical scaling and the logical analysis of data; special problem in clinical psychology; clinical techniques: Sources of information, Diagnosis, Prognosis and Therapy.

Unit: III

Behavioural Assessment: Nature, Behavioural Observation, Cognitive-Behavioural Assessment, Cognitive Self-Report Inventories, Recording cognition, Psychological Assessment.

Unit: IV

Diagnostic Tools: Clinical Interviews, Case Study, Personality Tests: MMPI, NEO-PI-R, Rorschach Ink Blot Test, Thematic Apperception Test (TAT), Luria-Nebraska Neuropsychological Test, Bender-Gestalt Test.

Unit: V

The Clinician in Action: Broad Area of activity; sites of activity, techniques of evaluation, case studies.

References:

- Korchin, S. J. (1976). *Modern clinical psychology: Principles of intervention in the clinic and community*.
- Goldenbern, H. (1983). *Contemporary Clinical Psychology*. New York.
- Nietzel, M.T., Bernstein, D.A., & Misich, R. (1998). *Introduction of Clinical Psychology*. New Jersey: Prentice Hall.
- Shaffer, G.W. & Lazarus, R.S. (2007). *Foundational concept in clinical psychology*, Surjeet Publications: Delhi.
- Weiner, I.B. (1974). *Clinical Methods in Psychology*.
- Wolman, B.B. (1978). *Clinical Diagnosis of Mental Disorders: A handbook*. N.Y. Plenum.
- सिंह, ए० के० (2012). *उच्चतर नैदानिक मनोविज्ञान*। मोतीलाल बनारसीदास प्रकाशन।
- सिंह, ए० के० (2008). *आधुनिक नैदानिक मनोविज्ञान*।
- सुलेमान, एम० एवं कुमार, डी० (2008). *आधुनिक नैदानिक मनोविज्ञान*।
- कपिल, एच० के० (2006). *नैदानिक मनोविज्ञान*

M.A. III Sem

Fifth Elective: (B) Organizational Psychology

Unit: I

Introduction: Historical Development in Organizational Behaviour; The organizational System; Structural Characteristics of organizations, Organizational Designs; Challenges and opportunities for organizational behaviour.

Unit: II

Motivation and Work: Meaning and Process: Theories of employee motivation: Alderfer and Mc Clelland; Goal Setting; Organizational behaviour modification theory.

Unit: III

Organizational Leadership: Meaning and Theories- Trait, Behavioural & Fiedler; Leadership Style and Skills; Current issues in leadership; Organizational implications.

Unit: IV

Power and Politics in Organizations: Bases of power and power tactics; Conflict and negotiation: Intra-individual and Interpersonal and intergroup conflicts; conflict process negotiation strategies and process.

References:

- George Jennifer, M., & Jones, G. R. (2012). *Understanding and Managing Organizational Behavior*.
- Hellriegel, D., & Slown, J.W. (2004). *Organizational behaviour*. South Western, Thompson.
- Katz, D. (1978). *Social psychology of organizations*.
- Luthans, F. (2005). *Organizational behaviour*. New York: Mc Graw Hill.
- Riggio, R. E. (2017). *Introduction to industrial/organizational psychology*. Routledge.
- Robbins, S. P., Judge, T. A., & Sanghi, S. (2009). *Organizational behaviour*, New Delhi: Doring Kindersley pvt.
- अस्थाना, बी. (2018). *संगठनो में व्यवहार*. अग्रवाल पब्लिकेशन।
- सिंह, ए० के० (2005). *औद्योगिक एवम संगठनात्मक मनोविज्ञान*, भारती पब्लिकेशन।
- ओझा, आर० के० (2012). *औद्योगिक मनोविज्ञान*, विनोद पुस्तक मन्दिर, आगरा।

M.A. III Sem

Sixth Elective: Practical/ Study Tour or Project Presentation/ Test construction

List of Practicals-

1. Study of Social Problems
2. Interpersonal attraction
3. Level of Aspiration
4. Replication of any social experiment
5. Test/scale construction using factor analytic approach
6. Test/scale construction using Item analytic approach
7. Test/scale construction using Empirical approach
8. Test Adaptation
9. Psychometric evaluation of a test/scale
10. Psychological assessment in any specific setting (clinical, organization, educational etc.)
11. Measurement of Neuroticism
12. Measurement of depression
13. Mental health
14. Bender-Gestalt Test
15. Luria-Nebraska Test
16. Case study
17. Conflict resolution
18. Job involvement
19. Leadership
20. Functional Social support

Note: Any one Practical from each Paper

M.A. IV Sem

Core: Applied Social Psychology

Unit: I

Introduction to applied social psychology: Definition, relation with basic social psychology, historical development and major concerns.

Unit: II

Social Psychology and health: Health belief model, health compromising behaviours; health promotion, cognition response and dual process models of persuasive change; Stress and health.

Unit: III

Social Psychology and Environment: Human interaction with environment; environmental hazards and challenges; environmental attitude risk perceptions, encouraging pro-environmental behaviour.

Unit: IV

Aggression & Violence: Conceptual issues and theoretical explanations; Deterministic, interpersonal and intergroup forms of aggression; dynamics of violence, strategies for reducing aggression and violence.

Unit: IV

Social Psychology and consumer behaviour: Economics, Social-psychological approaches; Meaning of money, Social beliefs and value systems, consumer socialization.

References:

- Baron, R. A., Branscombe, N. R., & Byrne, D. E. (2008). *Social psychology*. Pearson Education India.
- Myer, D.G. (2012). *Social Psychology*, New York: Mc Graw Hill.
- Fiedler, K., & Semin, G. (1996). *Applied social psychology*. 1-504.
- Taylor, S. E., Peplau, L. A., & Sears, D. O. (2006). *Social psychology* (12th Eds). New Jersey.
- Feldman, R.S. (1985). *Social Psychology, Theory, Research and applications*. Mc Graw Hill: New Delhi.
- सिंह, आर० एन० एवम भारद्वाज, एस० एस० (2017). *सामाजिक मनोविज्ञान की भूमिका*, अग्रवाल प्रकाशन, आगरा।
- त्रिपाठी, एल० बी (2016). *आधुनिक सामाजिक मनोविज्ञान*। मोतीलाल बनारसी दास प्रकाशन
- वैरन, आर० ए० एवं वायर्न, डी०। (2004). *सामाजिक मनोविज्ञान*, पियरसन पब्लिकेशन इण्डिया।

M.A. IV Sem
Core: Psychological Measurement.

Unit I.

Measurement of General Mental Ability: Intelligence Testing, Nature, Theories (Spearman, Thurston, Guilford, Cattell). Speed and Power tests, Individual and Group Tests. Verbal and Performance Tests and Cross-cultural Tests.

Unit II.

Personality Testing: Concept of Personality, Psychometric Tests (Inventory, Questionnaire) Projective Techniques (Rorschach Ink Blot Test & Thematic Apperception Test) Problems of reliability and validity of projective test.

Unit III.

Tests of Special abilities: Aptitude Testing, Occupational Testing, Clinical Testing, Educational Testing and Creativity.

Unit IV.

Different Tests and its Application: Stanford-Binet Test. Wechsler Scale, 16 PF, B. Mehendi Creativity Test and Rorschach Test.

References:

- Freeman, F. S. (2017). *Theory and Practice of Psychological Testing*.
- Anastasi, A. (1988). *Psychological Testing* (6th Edition).
- Anastasi, A., & Urbina, S. (1997). *Psychological testing*. Prentice Hall/Pearson Education.
- Bhargava, M. (2006). *Modern psychological testing and measurement*. Agra: HP Bhargava book house.
- Asthana, B. (2000). *Measurement and Evaluation in Psychology and Education*. Agra: Vinod Pustak Mandir

M.A. IV Sem

Seventh Elective: (A) Psychotherapeutic Techniques

Unit: I

Introduction to psychotherapy: Specific therapeuticiables: The client and the therapist, client-therapist relationship; stages of psychotherapy: Initial contact, assessment, goals of treatment, implementing treatment, termination, evaluation and follow-up; Issues in Psychotherapy.

Unit: II

Psychoanalytic Therapy (Freudian): Goals and Assumptions; Techniques: Free Association, Analysis of Dream, Analysis of resistance, Transference, Confrontation and Clarification, Interpretation and working through; Role of maintaining analytic framework.

Unit: III

Behavioural and Cognitive Perspective: Origins; Techniques- Systematic desensitization, exposure therapy, assertiveness, modeling, behavioural rehearsal, contingency management, aversion therapy, Cognitive-Behaviour Therapy- Eliss and Bech's Approach.

Unit: IV

Phenomenological and Humanistic existential Psychotherapy: Client- Centered Therapy, Gestalt therapy, Existential therapy.

References:

- Corey, G. (2009). *Theory and practice of counseling and psychotherapy*. Belmont, CA: Brooks.
- Culani, S. (1998) *Foundation of Clinical Psychology*. New York: Allyn & Bacon.
- Nietzel, M. T., Bernstein, D. A., & Milich, R. (1994). *Introduction to clinical psychology*. Prentice-Hall, Inc.
- Plante, T. G. (2010). *Contemporary clinical psychology*. John Wiley & Sons.

M.A. IV Sem

Seventh Elective: (B) Human Resource Management

Unit: I

Foundation of Human Resource Management (HRM): Foundation, Nature, Function, HRM in changing environment- strategic and international human resource management; ethical issues.

Unit: II

Acquisition of Human Resource: Planning, assessment of demand, job analysis, selection process.

Unit: III

Career Management: Socialization of Employees, Determining training needs, methods or techniques of training and management development, evaluation of training programs; Stage of career development, effective career development.

Unit: IV

Performance Management: Performance appraisal: System, Process and Methods of Appraisal, Distortion in appraisal, Creating effective appraisal system.

Unit: V

Reward Management: Motivational Perspective, Job characteristics model, Rewarding Productive employees; Compensation administration; benefits and Services; Empowerment.

References:

- Beardwell, I., & Holden, L. (1996). *Human resource management: A contemporary perspective*, New Delhi: Macrillan India Ltd.
- Bhatia, S. K., & Singh, N. (2000). *Principle and techniques of personnel management/human resources management*.
- Decenzo, D. A., & Robbins, S. P. (1999). *Human Resource Management: concepts and applications*. New York: John Wiley & Sons.
- Dwivedi, R. S. (1997). *Managing Human Resources-Personnel Management in Indian Enterprises*. New Delhi: Galgotia.
- Hersey, P., Blanchard, K. H., & Johnson, D. E. (2016). *Management of organizational behavior*.
- Dessler, G.R. Varkkey (2009). *Human resource management*, Delhi: Dorling Kindersley Pvt. Ltd. (India).

M.A. IV Sem

Research Project/Dissertation: Dissertation

Note: Topic of Dissertation will be based on the papers studied by a student in either of the semesters.